

TITLE: Promising Practices: Building an evidence-base to support student sexual health through large-scale condom distribution programs on college campuses

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STUDENT SUBMISSION: Yes

TOPIC/TARGET AUDIENCE: Program developers and evaluators, researchers, school-based or college-based health promotion or prevention professionals, public health agencies

ABSTRACT: Sexually Transmitted Infections (STIs) are a serious concern among college-aged adults across the nation: 1 in 2 young people will get an STI by age 25, and 1 in 4 during the college years (CDC, 2017). The severity of these trends prompted the American College Health Association to emphasize STI reduction as a top priority for institutions committed to the health and success of students today (ACHA, 2018). As condoms remain the most effective methods to reduce STI and HIV transmission (UNAIDS, 2015), public health agencies recommend large-scale condom distribution programs as a significant evidence-based intervention to reduce the burden of disease (CDC, 2017). However, there is a notable gap in the literature on the perceived and actual impact of distribution programs on college campuses (Francis D et al., 2016). This presentation will highlight the development and launch of a free large-scale condom distribution program involving: 1) online ordering and discreet sexual health supply delivery to students in residence halls, and 2) public supply dispensers strategically located in locations relevant to students on campus. Results from a pre-post survey will be shared, including the impact of the program on condom use behaviors and beliefs.

OBJECTIVE(S): 1. Understand the rationale of large-scale condom distribution programs as an important population-level prevention strategy for reducing the transmission of STIs and HIV

2. Describe approaches to sexual health supply distribution within high-risk populations, including potential programmatic partners

3. Describe population-specific evidence on the effectiveness of a condom distribution program
