

MONDAY, APRIL 1ST

Trauma Informed Approaches Around Oregon - 9 -10:30am, Room 1A

Claire Ranit, *Create Resiliency*

Katie McClure, *Trauma, Resilience and Adverse Childhood Experiences (TRACES)*

Maureen Hinman, *School Based Health Alliance*

Jessica Nye, *Washington County Health Department*

Many organizations and communities around the state are implementing trauma informed approaches, including but not limited to LPHAs, non-profits, schools and health care clinics. Panelists will share examples of how they've partnered with community members to raise awareness about the role of adverse childhood experiences (ACEs), trauma and toxic stress on population health, build coalitions which are growing resilient communities, and implement trauma informed approaches. Come and learn about the work of partner organizations in Oregon that are implementing trauma informed and resilience building approaches in their communities. Participants will be able to describe at least 3 examples of a trauma informed or resilience building approach with communities.

Engaging Community for Healthy Food and Active Transportation Systems Improvements: Lessons from the City of Gresham – 11am -noon, PSOB Room 1A

Charlene McGee, *Multnomah County Health Department*

Emily Bower, *City of Gresham*

Jay Higgins, *City of Gresham*

This panel presentation was brought together to highlight a partnership between the City of Gresham and Multnomah County's Racial and Ethnic Approaches to Community Health (REACH). The presentation will describe how REACH works through cross-sector partnerships (public health and community development) to address racial and ethnic disparities in health. Topics include the history of the REACH program; the City of Gresham's community engagement process for active transportation and healthy food systems planning; and, the co-development of REACH theories of change for the health effects of healthy food and active transportation improvements.

Building Community by Being Community: 11:30 am-1 pm, Room 1B

People of Color Employee Resource Group, *Oregon Health Authority*

Brought to you by the OHA's People of Color Employee Resource Group, this Public Health Week event will be addressing Public Health Modernization capabilities via Community Partnership Development in addition to Health Equity and Cultural Responsiveness by intentionally creating space where community can be together. This important strategy helps to create visibility for the

POC ERG while also creating a safe space for new potential ERG members. The event will be a potluck with time for music and socializing and is open to POC members and the larger community.

EndHIV Sponsorship Project: 1 -2 pm, Room 1A

Alicia Knapp, *Oregon Public Health Division - HIV Prevention*
Janet Allanach, *Association of Oregon Centers for Independent Living*
Linda Harris, *African-American AIDS Awareness Action Alliance*
Chaela Manning-Ferguson, *Hepatitis, HIV, AIDS Awareness Program*
Samantha Orive, *Educate Ya*
Paul Larrobino, *True Path*

The EndHIV Sponsorship Project sustains collaborative cross-sector relationships with community members. It earns and maintains the trust of community residents and engages them to work toward a common goal of ending the spread of HIV in Oregon. This panel presentation of EndHIV Sponsorship community partners will highlight their work in achieving our collective End HIV Oregon goals to: increase testing, support effective HIV prevention, ensure people living with HIV receive and maintain effective treatment, and promote health equity. These sponsorships support grassroots level organizations that represent populations experiencing health equities and who are most affected by HIV.

TUESDAY, APRIL 2ND

Community Building Overview - 9-9:45 am, PSOB Room 1D

Jay Macpherson, *Oregon Public Health Division - Drinking Water Services*

This presentation will provide an overview of the community building model from the Foundation for Community Encouragement as documented by M. Scott Peck, as an effective method to generate trust and foster a group toward high efficiency.

Locally Grown and Community Driven - 10-11 am, Room 1E

Katie Furia, *Oregon State Public Health Division - Women, Infants & Children*
Kaely Summers, *Adelante Mujeres*
Jennifer Mead, *DHS Community Services and Supports Unit*
Kathy Humphries, *Multnomah County Health Department*
Matt Newell-Ching, *Partners for a Hunger-Free Oregon*

In 2018 families enrolled in the Women, Infants & Children (WIC) Program and low-income seniors purchased nearly \$1.8 million in fresh fruits and vegetables direct from local farmers through the Oregon Farm Direct Nutrition Program (FDNP). Additional funding from the state legislature prompted an expansion of the program and strengthened cross-agency and community partnerships.

This panel presentation will offer more background on the program and examine how the Nutrition and Health Screening Section (WIC) has worked with advocates, State agencies, local health departments and the Oregon farming community to get more healthy produce to low income households. The session will include time for audience discussion and thoughts on other potential collaborations.

PSOB Wellness Center Presents: Chair Yoga - 12:05-12:35 pm, Room 1D

Instructors: Jordana Leeb and Kari Christensen

Chair Yoga is a form of adaptive yoga that starts with basic body and breath awareness, continues to small movement, and then gradually expands into larger movement. The many benefits of yoga are accessible without having to get up or down from the floor. Benefits include increased balance, strength, flexibility, range of motion, emotional and nervous system regulation, and stress reduction.

This class is for students interested in practicing yoga from a wheelchair or seated in a chair.

Varieties of Public Participation for Public Health Modernization - 2-3 pm, Room 1D

Steve Fiala, *Oregon Public Health Division, Program Design and Evaluation Services*

Public participation is essential to state and local roles in the partnership development foundational capability. This presentation offers an opportunity to reflect on current ways community is engaged by our public health system and identify if current methods are contributing to a more modernized public health system. The presenter will engage the audience in a small group activity to plot their current method of public engagement on Fung's "democracy cube" which visually represents engagement methods along spectrums of participant selection methods, modes of communication and decision making, and extent of authority and power.

WEDNESDAY, APRIL 3RD

ERG Open House Event: Parent and Caregiver Tea – 8-10 am, Room 1D

The OHA Healthy Families ERG is hosting an opportunity to share in light refreshments and workforce community building that includes two short presentations with information about policies, benefits, resources and support (8:30-9 am and 9:30-10 am).

- Are you a parent?
- Do you provide care for a family member?

- Might you one day be the 'one' to care for a family member?
- Do you think you will rely on the care of a family member at some point in your life?

Join us to learn, build connections and contribute to a supportive workplace culture.

Adolescent Health Day: Affirming Youth Voice , Identity and Experience - 8:45 am – 5 pm, Room 1E

Sarah Knipper, Vicky Buelow, Tom Jeanne, and Tim Noe of the Oregon Public Health Division
 Maggie Steele of Peace in Schools
 The Oregon School-Based Health Alliance Student Health Advocates
 Parker Sczepanik and a YouthLine Volunteer of Oregon YouthLine
 The Youth Advisory Councils of Milwaukie High School, Crate High School, and Bend High School
 Dana Smiley, Calla Rhodes and Jared Cetz of Oregon Student Voice

See full agenda on PHD's [PHW website](#) or on PHD training calendar in Outlook

PSOB Wellness Center Presents: “Balance Yourself!” – 12:05-12:35pm, Room 1D

Alan Wilson, PSOB Wellness Center Instructor

As we age, balance naturally decreases. Injuries and disorders can create or worsen balance challenges as well. Learn basic balance restoration exercises.

HPV Cancers: Community Partnerships, Clinical Expertise, and Personal Experience – 10-11:30 am, Room 1B

Heather Hertzel, *Oregon Immunization Program*
 Blair Murphy, *Oregon Health & Science University*
 Tamara Telles, *American Cancer Society*
 Richard McGary
 William O'Laughlin

HPV-related cancer survivors, clinical cancer experts, and public health come together to tell the stories of HPV cancer and HPV prevention. Topics will include the upcoming 2019 HPV Summit in June, a clinical perspective on the many HPV-related cancers affecting men and women, and a panel of speakers who are living with or in remission from these cancers. All participants will be available for a question and answer session. These speakers will highlight the work Public Health Division (PHD) and partners have invested in HPV prevention while demonstrating the importance of this work by telling the stories of those who live with HPV cancers.

THURSDAY, APRIL 4TH

Growing Together: Nurturing a Partnership Between Families and Oregon's Birth Anomalies Surveillance System Team – 9:30 – 10 am, Room 1E

Lesia Dixon-Grey, Oregon State Public Health Division - Maternal and Child Health
Lydia Dennehy, Oregon Health & Science University

OHEA: Evaluating and Planning Community Powered Change - 10 -11 am, Room 1B

Ava Kamb, Asian Pacific American Network of Oregon
Keara Rodela, Immigrant & Refugee Community Organization
Tim Holbert, Multnomah County Health Dept. / Oregon Health Authority - Program Design and Evaluation Services

William Miller, Native American Youth and Family Center (NAYA), CPChange Leadership Team

Community Powered Change (CPChange) is a campaign to build a shared health equity narrative in which partners from all sectors hold responsibility and accountability for the health of our communities. It is rooted in planning and processes driven by communities of color and centered on their wisdom and experience. Throughout this presentation, participants will learn the history of this work, leadership of communities of color, priorities of Community Powered Change, and what our internal evaluation process says of how we align our own work with the values of CPChange. Participants will engage in different activities to support this learning.

Problem Gambling: Why Is It Important to You? - 11– 11:30am Room 1D

Roxann Jones, Oregon Public Health Division Health Systems Division
Greta Coe, Oregon Public Health Division Health Systems Division
David Corse, Oregon Public Health Division Health Systems Division

Presentation will provide a brief overview of OHA Problem Gambling Community Readiness Assessment Project and key findings. We will provide examples of strategies that will be utilized to increase awareness that gambling is an activity that carries risk based on the level of readiness and identify partnerships for integration supported by data and research. Additionally, participants will be able to identify how to connect with Problem Gambling Prevention and Treatment Services resources.

Continuous Process Improvement Through Community Engagement of Equity Partners - 1 -2 pm Room 1B

Charina Walker, Oregon Public Health Division, Health Promotion & Chronic Disease Prevention
Ashley Thirstrup, Oregon Public Health Division, Health Promotion & Chronic Disease Prevention

RHEC Partners - TBD

RHECs are collaborative, community driven, cross-sectoral groups organized regionally to identify policy, system, and environmental solutions that increase health equity for underserved and underrepresented communities experiencing health disparities. This panel presentation will focus on the partnerships between the Health Promotion and Chronic Disease Prevention (HPCDP) section and Regional Health Equity Coalitions (RHECs). Providing examples of how this work has led to long-term sustainable approaches to increase health equity.

FRIDAY, APRIL 5TH

Getting Started with Community Engagement - 10 am -11 am, Room 1E

Liz Gharst, *Oregon Public Health Division, Reproductive Health Program*

In this presentation you will be given guidance on authentic community engagement along with various effective community engagement planning tools. Not sure how to get started? Want to improve the process you have? Attendees of this presentation will have the opportunity to practice using planning tools to help guide staff to integrate community engagement into planning, implementing, and evaluating projects and interventions.

Establishing, Developing and Sustaining a Health Equity Work Group: A Strategy to Change How Your Section Engages with Community Partners - 11 am - noon, Room 1E

Victoria Demchak, *Oregon Public Health Division, OSPHD*

Wendy Morgan, *Oregon Public Health Division, Maternal and Child Health*

Within PHD, section HEWGs are one way that section staff work to engage community organizations, see whether sections are engaging in helpful ways with community partners, and actively adapt to external organizations and their needs. In this Q&A session, audience and panel will share a table as equals and have a facilitated discussion on health equity work groups (HEWGs) and how to start them.