



# SAPST Agenda

## \* Substance Abuse Prevention Skills Training

### Day One:

Welcome and Introductions

Setting the foundation: From Theory to Practice

- Behavioral health
- Continuum of Care
- Public Health Approach
- Risk and Protective Factors
- Developmental Perspective
- Introduction to the Strategic Prevention Framework

### Day two:

Strategic Prevention Framework

- Step 1: Assessment
- Step 2: Capacity

### Day Three:

Strategic Prevention Framework

- Step 2: Capacity (cont.)
- Cultural Competence
- Step 3: Planning

### Day four:

Strategic Prevention Framework

- Sustainability
- Step 4: Implementation
- Step 5: Evaluation

Putting it all together

#### Training Location:

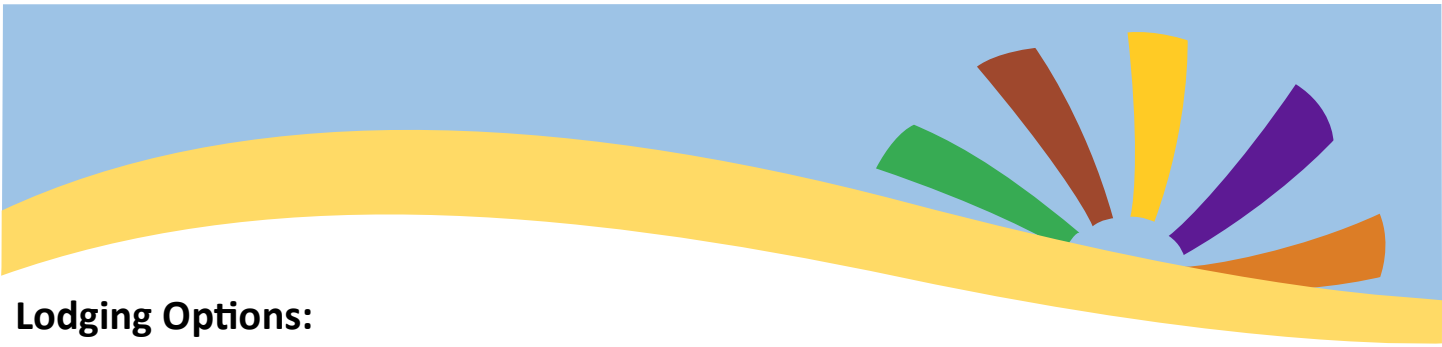
Taborspace  
5441 SE Belmont St.  
Portland, OR 97215

#### For more information, contact:

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503-988-8222

*One hour lunch on-your-own  
each day.*

*Coffee service and snacks provided  
day one.*



### Lodging Options:

- **Air BNB**—Multiple locations within walking distance!
- **Comfort Inn**—8225 NE Wasco Street, Portland, OR 97220—A 15 minute commute via vehicle.
- **Tiny Digs Hotel**— 2646 NE Glisan Street, Portland, OR 97232—A 10 minute commute via vehicle.
- **Jupiter Hotel Portland**— 800 E Burnside St, Portland, OR 97214—a 15 minute commute via vehicle.

### Training details:

9:00 am—5:00 pm, one-hour lunch-on-your-own each day.  
Ample parking in the lot provided just East, across 54th Ave and street parking in the neighborhood.  
Training is located on first level in the Annex.

*Note: Taborspace is a nonprofit within Mt. Tabor Presbyterian Church. Look for a large stone building located at 54th Ave and Belmont St.*

### Oregon Public Health Association (OPHA) Addiction Prevention Section

Prevention specialists across Oregon created an Addiction Prevention Section within the OPHA in 2017 as a way to organize, mobilize, and meet the needs of prevention specialists in Oregon outside of the structure of the Oregon Health Authority. If you choose to join the OPHA, you can designate the Addiction Prevention Section as an interest group, thereby contributing a small portion of your OPHA membership dues to this Section and ensuring that you receive regular communications from the Addiction Prevention Section. Addiction Prevention Section members are making a grassroots impact through creating learning opportunities, networking events, and legislative policy recommendations. **We invite you to join us and be a part of enhancing the addiction prevention field in Oregon!**

Can't make the Portland SAPST work for you right now? No problem! Three other SAPST events are being scheduled.

### ALL OREGON SAPST LOCATIONS AND DATES

Grants Pass, OR	Winter 2019/20
Eastern Oregon	Spring 2020